## Patient Specific Functional and Pain Scales (PSFS)

Patient Last Name	Patient First Name	Patient ID	Date of Birth (MM/DD/YYYY)
Provider Last Name	Provider First Name	Provider Phone (area code first)	

Clinician Instructions: Complete after the history and before the exam.

## **Initial Assessment:**

We want to know what <u>3 activities</u> in your life you are unable to perform, or are having the most difficulty performing, as a result of your chief problem. Please list and score at least 3 activities that you are unable to perform, or are having the most difficulty performing, because of your chief problem.

Follow Up Assessment:	
When you were assessed on,	you told us you had difficulty with the activities in the table below
Please score these activities that you told us	previously you were unable to perform or were having difficulty
performing because of your chief problem.	

Patient Specific Activity Scoring Scheme (Score one number for each activity for each date):

0=Unable to	0	1	2	3	4	5	6	7	8	9	10	10=Able to perform activity at same
perform activit	ty											level as before injury or problem

	Initial Ev	aluation	Discharge Evaluation			
Activity	Date:	Date:	Date:	Date:	Date:	
1.	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	
2.	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	
3.	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	
4.	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	
5.	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	Score (0-10)	
Totals:						

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Signature:	Date:
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Patient Specific Functional Scale reprinted with permission from Stratford P, Gill C, Westaway M, Brinkley J, Assessing disability and change on individual patients: A report of a patient specific measure. Physiother Can 1995; 47:258-263.